Mums Raising Teenage Girls
One night seminar

The relationship between a mother and her daughter is very important. The journey from girl to young woman can be challenging, not only for the girls but also for their mums. If we can better understand the developmental stages of teens we can achieve a level of harmony with our precious daughters.

During this seminar you will explore:

- the importance of the mother-daughter relationship.
- how mums can be positive role models for their daughters.
- how to better understand the challenges of their daughter’s teenage years
- how mums can enhance their daughters self-esteem.

Where: Relationships Australia

When: Thursday 10 April, 6.30pm to 9pm.

Fee: $25 per person ($12.50 for concession card holders)

Places are limited so book now on 9583 6090