Enhancing Couple’s Relationships
A two night course for couples

A couple’s relationship today faces many challenges and pressures. This two night course will help you improve your communication skills and deepen the understanding and connection between you. Over two weeks you will be given the opportunity to explore your relationship, work on areas that need improvement and enhance areas of strength.

This two night course looks at:

- Family of origin issues, exploring the development of expectations and the ways we have learned to show affection, communicate and deal with conflict
- Understanding the different stages of a relationship
- The factors that lead to a strong and lasting relationship, and those that research shows tend to lead to divorce
- How to turn to each other in times of stress, challenge and conflict
- Accepting, managing and celebrating difference
- Meeting each other’s needs and understanding your love languages

Please note that this course is designed for couples, as such both partners must be able to attend both nights of the course.

Where: Relationships Australia
21 George Street, Mandurah

When: Tuesday 24 June & Tuesday 1 July, 6.30pm to 9pm

Fee: $50 per couple ($25 for concession card holders)

Places are limited so book now on 9583 6090

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