Boundaries with Teenagers
A one night seminar for parents of children aged 10+

Parenting an adolescent can be a challenging and stressful time. It has often been said that there is only one thing more difficult than being a teenager, and that’s being the parent of one!

During the seminar you will:

- Learn about the importance of staying connected with your teens
- Explore your changing role as a parent during the teen years
- Look at guidelines for setting boundaries – for yourself and your teen
- How to communicate these boundaries effectively with your teen

Where: Relationships Australia
21 George Street, Mandurah

When: Thursday 15 May, 6.30pm to 9pm

Fee: $25 per person ($12.50 for concession card holders)

Places are limited so book now on 9583 6090